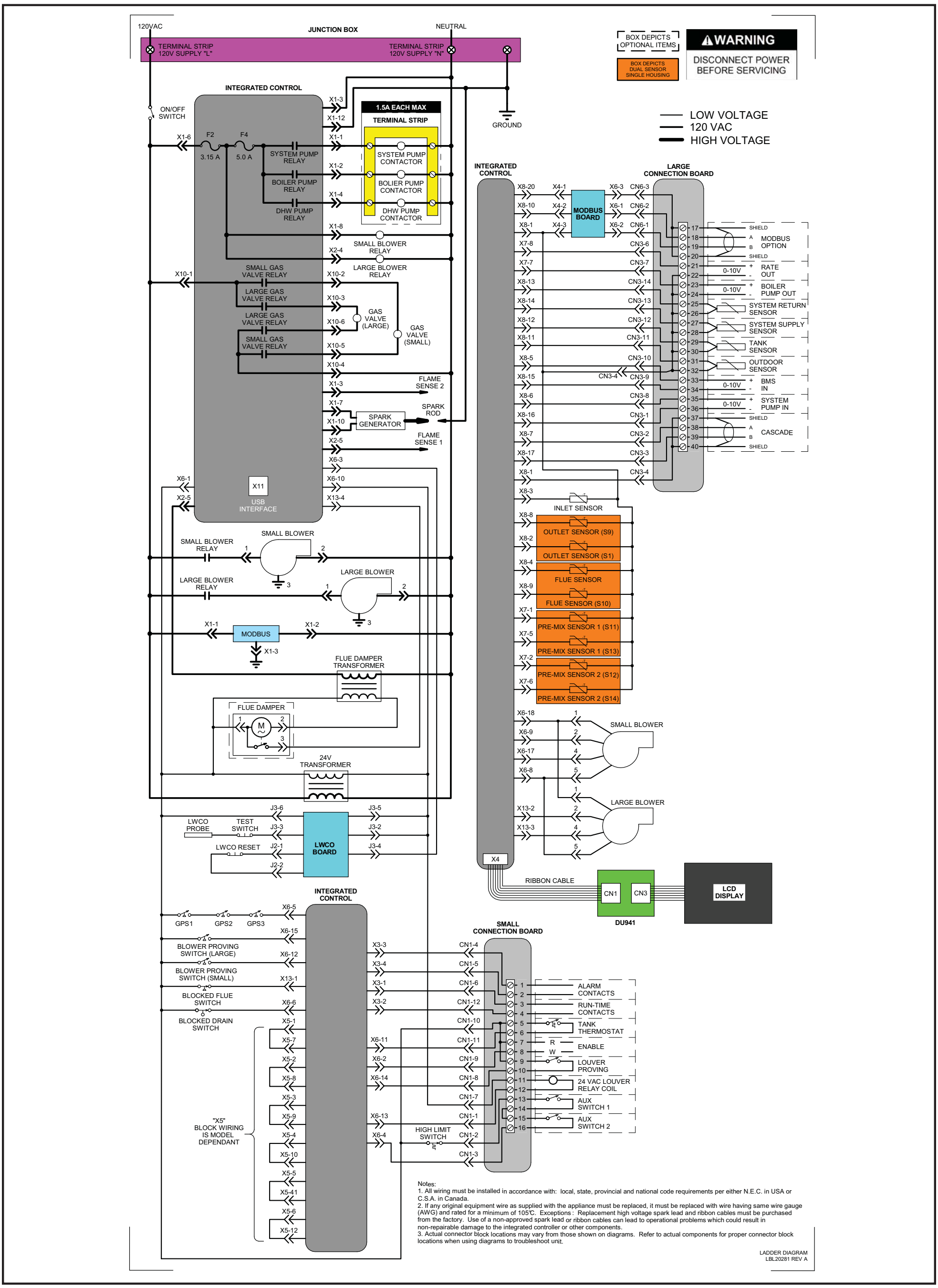Crest Ladder Diagram